

Football Memories is a unique partnership between Alzheimer Scotland and The Scottish Football Museum that uses memories of football to improve the life of people with dementia and memory problems.



There are over 84,000 people in Scotland with dementia, the equivalent of every spectator on an average Scottish football weekend. Thousands of people with dementia loved their football, and still do. Football Memories harnesses that passion for the game to improve their lives.



We are recruiting, training and supporting volunteers to spend time with people with dementia, talking about the teams and matches of the past and working with pictures and memorabilia to stimulate memories and communication. Football can be an incredibly powerful tool in helping to trigger other memories. So when we bring football nostalgia to those with dementia it often has amazing results.

Please get in touch with us if you would like to volunteer with the project, come and participate, or make a donation.

Dumfries Resource Centre: 01387 261303  
Email: [hsmith@alzscot.org](mailto:hsmith@alzscot.org)  
Website: [www.footballmemories.org.uk](http://www.footballmemories.org.uk)

For more information about our services please contact:

Helen Smith  
Alzheimer Scotland  
8 Gordon Street  
Dumfries  
DG1 1EG

Telephone: 01387 261303  
E-Mail: [hsmith@alzscot.org](mailto:hsmith@alzscot.org)  
Website: [www.alzscot.org](http://www.alzscot.org)



2016

Alzheimer Scotland - Action on Dementia is a company limited by guarantee, registered in Scotland 149069.

Registered Office:

22 Drumsheugh Gardens, Edinburgh, EH3 7RN.

It is recognised as a charity by the Office of the Scottish Charity Regulator,  
No SC022315



## DUMFRIES DOONHAMERS





## Football Reminiscence Group Fixture List 2016 Queen of the South Arena Palmerston Park

January 14th 13.45 pm kick off

January 28th 11.00 am kick off

February 11th 13.45 pm kick off

February 25th 11.00 am Kick off

March 10th 13.45 pm kick off

March 31st 11.00 am kick off

April 14th 13.45 pm kick off

April 28th 11.00 am kick off

May 12th 13.45 pm kick off

May 26th 11.00 am kick off

June 9th 13.45 pm kick off

June 30th 11.00 am kick off

Pie and Bovril will be served at the last session of the month and a donation of £1—£2.00 is suggested to cover costs of running the group. The afternoon sessions are in conjunction with Headway house and focus on Walking football



 **FOOTBALL** MEMORIES



 **FOOTBALL** MEMORIES

